



Mental Health Awareness

This short, distance learning course will help you understand the subject and give you ideas to promote positive mental health to children and young people.

What does it involve ?

Working at your own pace
Individual specialist tutor support throughout
Six online modules
Provides practical ideas

If you are 19+yrs, live in Lincolnshire and would like more information or book a place, please

contact us on
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Committed to improving the life

experiences of

Children, young people and families

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