



Curriculum Intent for PE

Vision:

Building a Hopeful Future through Kindness, Learning and Trust

At Kirkby la Thorpe, we strive to ensure that each person is empowered to flourish and contribute positively to society. We seek to equip our pupils with the knowledge, skills and qualities necessary to navigate the complexities of our world, rooting this in Christian love.

We are inspired by the life of St Thomas in all that we do so that we can:

- **Be Positive and Active Citizens:** "Let your light shine before others, that they may see your good deeds and glorify your Father in heaven." (Matthew 5:16) We strive for our pupils to communicate clearly, embracing tolerance and respect for the diverse beliefs and aspirations of others.
- **Be Curious and Independent Members of Society:** "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." (Matthew 7:7) We encourage curiosity and a thirst for knowledge, instilling a longing for justice and an empathy for those in need.
- **Have Confidence and Perseverance:** "For God gave us a spirit not of fear but of power and love and self-control." (2 Timothy 1:7) We empower everyone to embrace challenges with confidence and perseverance, striving to achieve their full potential in all aspects of life.
- **Have the Courage to Respectfully Challenge :** "Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ." (Ephesians 4:15) We foster an environment where respectful dialogue and critical thinking are encouraged, empowering pupils to voice their opinions with courage and integrity.
- **Know their heritage:** "Remember the days of old; consider the generations long past. Ask your father and he will tell you, your elders, and they will explain to you." (Deuteronomy 32:7) We cultivate an appreciation for both local and national heritage, helping pupils understand their roots and identity within the broader context of history.

Kindness	Learning	Trust
<p>Teachers model kindness through their own behaviour, demonstrating respect, patience, and understanding in all interactions.</p> <p>A focus on encouraging each other through positive comments and constructive criticism.</p> <p>Recognising and praising effort, improvement, and sportsmanship rather than just winning.</p>	<p>Children learn fundamental movement skills such as running, jumping, throwing, and catching.</p> <p>Children learn the rules of games and sports, which helps them understand how to play fairly and effectively.</p> <p>Regular participation in enjoyable and engaging PE activities can foster a lifelong love of physical activity and a healthy lifestyle</p>	<p>Consistent enforcement of rules and expectations creates a predictable and safe environment, which fosters trust.</p> <p>Recognising and praising students for their efforts and achievements encourages trust.</p> <p>Consistent and empathetic teacher behaviour, structured and supportive peer interactions, and a safe, inclusive, and engaging learning environment.</p>

Intent	Implementation	Impact
<p>We intend that our PSHE curriculum will:</p> <p>The vision for Physical Education (PE) at Kirkby La Thorpe (KLT) School aims to inspire all pupils to develop an appreciation and thirst for being physically fit, healthy and active. By implementing our school values of Kindness, Learning & Tolerance, we adopt a 'whole child' approach to nurture confident, resilient, and positive individuals who can strive to achieve their own personal best in all areas of PE. At KLT, we are confident that this offers a well-balanced approach of pedagogy and social and emotional cognition, allowing all pupils to foster a lifelong affinity with being, <i>and staying</i>, fit, healthy and active.</p> <p>Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:</p> <ul style="list-style-type: none"> • develop competence to excel in a broad range of physical activities; • are physically active for sustained periods; • engage in competitive sports and activities; 	<p>Curriculum Content</p> <p>At KLT, we have recently adopted the Get Set 4 PE scheme (September 2020). This scheme is in-line with the National Curriculum and is used to aid teaching staff with subject knowledge and planning of PE. Teachers can adjust and change lessons to suit the needs of their class. The scheme provides a strong basis of expectations for all our year groups/classes. Get Set 4 PE ensures that children are given a wealth of opportunities to develop their physical movement skills and achieve whole child objectives.</p> <p>As part of our PE curriculum, you will see:</p> <ul style="list-style-type: none"> • children are challenged through enjoyable learning in a range of physical activities; • swimming lessons for children in Years 2-6, including booster sessions for those children who have not met the statutory 25m requirement by the end of year 6; • pupils participate in at least 2 hours of high-quality PE lessons weekly; One of which is covered by Elite. • KLT values (Kindness / Learning / Trust) are reinforced through learning in PE; • All children participate in an annual schools games day, where they compete against others whilst being encouraged to demonstrate the school games values (determination/honesty/passion/respect/teamwork /self-belief); • our long-term planning for each class ensures that National Curriculum requirements are met; • regular action plans, governor reports and the voice of the pupils are monitored informing future PE provision; • children are assessed every half-term against the learning outcomes on the Get Set 4 PE website; • learning intentions are evident on medium-term planning and learning overviews made available to parents via class webpages; • regular CPD opportunities are offered to teaching staff through the Get Set 4 PE membership; 	<p>By the time pupils leave Kirkby la Thorpe at the end of Y6, they will:</p> <p>At KLT Primary School, we ensure that our PE curriculum is progressive and allows the children to develop fundamental skills and apply them to various sports and activities. All children are provided with the necessary skills and knowledge and are given opportunities to demonstrate improvements to achieve their personal best. Our pupils are physically active, and this has a positive impact on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of regular exercise. We aspire for children to enjoy PE and develop a love of sport and physical exercise, which will become part of their future lives after leaving our school. We share sporting accolades and</p>

<ul style="list-style-type: none"> • lead healthy, active lives; • encourage physical activity and exercise; • build self-esteem, confidence and resilience; and • provide an inclusive programme that enables all children to access every lesson 	<ul style="list-style-type: none"> • a range of inclusive after-school clubs are provided throughout the year for both KS1 and KS2 children; • year 5 children are trained as playground leaders and offer physical activities to children during break-time and lunchtimes; • pupil representatives form a school's sports crew. Carre's Outreach provides training and meetings are held to encourage physical activity and healthy living within the school; • the PE and Sports Premium funds a membership with Carre's Outreach - which provides the school with an Active School Coordinator (1 day per week), providing CPD opportunities for staff and high-quality skilled teaching for all pupils; • outreach membership includes weekly development festivals/competitions and Change4Life opportunities; • intra-competitions are held every half term, which encompass the school games values; • annually children participate in fitness profiling, which highlights areas of strength and weakness across the school (this data is used to inform planning and interventions to meet the needs of the children); • our Active School Coordinator provides active maths / English each week for all our classes; • leader logs are present in all classrooms; • the PE lead meets with the finance team and head teacher to discuss how the PE and Sports premium can be utilised in our school; • the PE and Sports premium predicted expenditure and previous expenditure is calculated and displayed on the school's website; • the PE impact report is written annually and displayed on the school website; • vocabulary is displayed in classrooms and used consistently in lessons to deepen children's knowledge and understanding of specific language associated with sports and PE; • tracking of pupil participation is ongoing, allowing children to be targeted for events, competitions and festivals. 	<p>achievements both in and out of school in our weekly celebration assembly and as part of our newsletter to parents and carers. In doing so, it is hoped that children feel proud of their achievements and want to strive to stay active for their betterment. By the end of year 6 we aim for all our year 6 pupils to leave school having achieved at least 25m in swimming and are competent in and around the water, which we value as an essential life skill.</p> <p>Our collaboration with Carre's Outreach, ensures that as a school we can provide quality CPD opportunities for our staff, promoting shared best practice. Successful implementation can lead to a subject that is progressive and forward thinking and can encompass real-life sporting success.</p>
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Research links

National Curriculum: PE

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

EEF - Physical development: EYFS

Core strength is children's ability to keep their position and move from the centre of their body outwards. Gross motor skills are the skills that children develop using their whole body. Research shows that the development of fine motor skills depends on the development of gross motor skills and that a joined-up approach to physical development is important.

Ofsted:

Levelling the playing field; the physical education subject report
For many pupils, physical education (PE) will be the first and only place where they are taught safe, efficient and intelligent movement.

House of Commons Library:

Physical education, physical activity and sport in English schools
In March 2023, the Government announced that schools would be asked to ensure boys and girls have the same opportunities during PE, with the School Games Mark awarded to schools who could demonstrate their delivery against the Government ambitions.

DfE: PE and Sports Premium

Schools receive PE and sport premium funding based on the number of pupils they have in years 1 to 6. Any use of the PE and sport premium must be in accordance with the terms outlined in the conditions of grant document.

Gov.co.uk

Childhood obesity: A Plan for Action
There is strong evidence that regular physical activity is associated with numerous health benefits for children. At least 30 minutes of physical activity should be delivered in school every day through active break times, PE, extra-curricular clubs, active lessons, or other sport and physical activity events, with the remaining 30 minutes supported by parents and carers outside of school time.

Your school games – School games mark

The School Games Mark is a government-led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community.

Youth Sports Trust

The Youth Sport Trust is the leading UK children's charity for improving young people's health and wellbeing through sport and play